

## Preparing for Your Clinic Visit

Be Listened to. Be Heard.

Tell us what matters most to you today. We want to know what three main symptoms, questions, or concerns you would like to discuss. Identifying three main topics helps ensure we have adequate time to listen carefully to your needs, answer all your questions, and determine resources or plans. Our goal is for you to leave your visit feeling heard and understood, and fully involved in important decisions about your health.

Your name: \_\_\_\_\_ Date: \_\_\_\_\_

1.

2.

3.

Do you need any of the following?

Follow-up on tests: \_\_\_\_\_

Help with forms: \_\_\_\_\_

Medications - New: \_\_\_\_\_

Medications - Refills: \_\_\_\_\_

Referral for: \_\_\_\_\_

Return to work or school release: \_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_